

# Advancing Your Occupational Health Nursing Practice - 2018 New York State Conference

## Event Agenda

Friday, June 8, 2018 at 8:30am ET - 4:00pm ET

**i** All times listed in Eastern Time (US & Canada).

### Friday, June 8, 2018

8:30am - 9:00am

#### Registration/Continental Breakfast

Huron Room

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9:00am - 9:15am

#### Welcome/Introductions

Huron Room

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9:15am - 10:30am

#### The Opioid Epidemic - How Did It Happen, What Can We Do Now? -Treatment, Management and Weaning - Donald Jacob, MD

Dr. Jacob practices occupational medicine in East Amherst, NY. He graduated from Ohio State University College of Medicine in 1981 and has been in practice for 35 years. He completed his residency at Duke University Medical Center and is board certified in Internal Medicine. Dr. Jacob is currently the medical director for the Niagara Frontier Transportation Authority. He previously served as a medical director for Goodyear Dunlop Tires, American Axle and Manufacturing and Saint Gobain Abrasives. Dr. Jacob has been a Medical Review Officer for the Department of Transportation Drug Testing since 1996.

1.25 CE Credits

Dr. Jacob will provide a review of the opioid epidemic and how it happened. He will discuss when opioid use is recommended, how it becomes chronic and how it should be managed using tools such as drug testing, medication contracts, pill counts and morphine equivalent dosages (MED). He will also explore the weaning process and what the next steps should be in the ongoing management of these medications.

Huron Room

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10:30am - 11:00am

#### Break with Exhibitors

Outside of Huron Room

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11:00am - 12:30pm

#### Upper Extremity Pearls:SOS (Significance on Screening) - Jack Kerns, MD, MS and Diane Olejar, MSN, ANP\_BC

Diane Olejar, MSN, ANP-BC has been a Nurse Practitioner for the past 30 years. Diane is a graduate of the University of Rochester and St. John Fisher College, University of Cincinnati for her Master's Degree in Burn and Trauma Nursing, and the University of Buffalo for her Adult NP certificate. She practices in the occupational health field and was head nurse on the Burn Unit at Strong in the 1980's, plus many years in College Health. More recently, Diane was with Finger Lakes Occupational Health Services in Rochester prior to her current position with North American Brewery for the past 4 1/2 years. She has experience in work and sports related orthopedic injuries and various methods of treatment and management of the injuries. Dr. Jack Kerns is a former Divisional Medical Director and Director of Workers' Compensation Programs for Mobil Oil Corporation and former Director of Xerox Medical Services. He is currently in the private practice of Occupational Medicine as the contracted Medical Director of North American Breweries, Occupational Medicine Consultant for Moog, Inc. and Medical Director for Employee Health Services at Unity Hospital, Rochester Regional Health. He started his career as a Flight Surgeon for the US Air Force. He has extensive experience in all aspects of diagnosis and treatment of occupational orthopedic conditions as well as diagnostic test interpretation.

1.5 CE Credits

When injured workers come in for evaluation of the upper extremity, it is often difficult to sort out the issues. Targeted pertinent history and effective relevant examination lead to effective treatments and/or appropriate referrals. Attendees will learn how to take an accurate history and a few simple examination maneuvers, so the worker's problem can be properly assessed.

Huron Room

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12:30pm - 1:15pm

**Luncheon**

Ontario Room

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1:15pm - 2:15pm

**Legacy Workers' Compensation Claims: Managing and Navigating to Closure (Hopefully!) - Lynn Forth, Esquire**

Lynn A. Forth, Esquire is an attorney and founding Partner in the Law Firm of Buckner & Kourofsky, LLP in Rochester, NY. Founded in 1994, Buckner & Kourofsky, LLP dedicates its practice to the representation of employers, third party administrators and insurance companies in all phases of workers' compensation defense including claims reviews, depositions and appearances at hearings and trials at the NY Workers' Compensation Board. Ms. Forth was admitted to the bar in 1987 after receiving her JD from Ohio Northern University in 1986. She is a graduate of Hope College. Ms. Forth is admitted to practice in both NYS and the US District Court for both the Western and Northern Districts of NY. She is also admitted to the US Court of Appeals. Ms. Forth is a member of the Monroe County and NY Bar Associations. Ms. Forth has spoken at the request of the NY Bar Association on Workers' Compensation law.

1.0 CE Credit

Legacy claims frequently bog down the entire workers' compensation system costing employers, carriers, and TPAs many dollars in claims expenses. Often times, these claims go unresolved for a variety of reasons and are lost in the shuffle of the complicated workers' compensation system. Ms. Forth will focus on what employers can do to contain the costs of these claims as well as navigate them towards closure. She will discuss Section 32 settlements, indemnity or medical only settlements, Medicare Set Aside Allocations, weaning of medications, alive and well checks and other tips to help decrease costs.

Huron Room

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2:15pm - 2:30pm

**Break**

Huron Room

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2:30pm - 4:00pm

**Occupational Health - It's Not Just a Job, It's a Business - Kimberly Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN**

Kim Olszewski is an ANCC board certified adult nurse practitioner and is a Certified Occupational Health Nurse Specialist and Case Manager from the American Board of Occupational Health Nurses. In 2007, she received her Fellowship distinction from the American Association of Occupational Health Nurses (AAOHN). Olszewski currently serves on the AAOHN Board of Directors, and is past President of the Northeast Association of Occupational Health Nurses and the Pennsylvania Association of Occupational Health Nurses. She has presented at the local, state, regional and national levels of the association over the past 10 years on various topics, including DOT certification, Marketing OHNs, Fatigue Management, Healthy People 2020, Social Media Integration and Diagnostic Updates. Additionally, she recently co-authored a two-part continuing education article in Workplace Health & Safety titled A Comprehensive Review of the Healthy People 2020 Occupational Safety and Health Objectives: Part 2, Tools for the Occupational Health Nurse in Goal Attainment, and Obstructive Sleep Apnea Among Commercial Motor Vehicle Drivers: Using Evidence-Based Practice to Identify Risk Factors. Additionally, she co-authored a chapter on Information Management through Innovative Technology for Fundamentals in Occupational and Environmental Health Nursing: AAOHN Core Curriculum, 4th edition. Olszewski is Vice President and Nurse Practitioner at Mid State Occupational Health Services Inc. and is the Nurse Practitioner Program Director & Associate Professor in the Bloomsburg University MSN program.

1.5 CE Credits

With today's economy, employers are challenged with reducing expenditures while maintaining revenues to their financial bottom lines. The impact of costs to corporations with rightsizing, downsizing, outsourcing and reduction in workforce has put the occupational health professional in a position of proving his/her worth for future existence within the company. One must be able to "talk the talk" and "walk the walk" as roles expand to incorporate a business mindset. This presentation will focus on the occupational health professional as a business asset. A review of basic business terminology and an example of a successful start-up occupational health practice will be reviewed. The "take-aways" will include practical strategies for implementation within an organization in proving individual/business worth and qualities of being a successful business leader.

Huron Room